

Sharmishtha Dattagupta, PhD

ICF-certified PCC coach, facilitator, scientist & social entrepreneur

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Profile

Sharmishtha is a Professional Certified Coach (PCC) accredited by the International Coaching Federation (ICF). She is an internationally experienced leadership coach, workshop and retreat facilitator, social entrepreneur, a scientist holding a PhD in Biology, and the founder of Dularia, a regenerative enterprise and nature-based learning centre. She has previously been an assistant professor at Göttingen University, Germany. Her coaching focuses on authenticity, balance, and creativity, and her holistic approach includes journaling, drawing, somatic awareness, mindfulness, and connection with nature, which engage all aspects of her client's intelligence, analytical as well as intuitive. Her clients are from all walks of life, including corporate employees, academics, and social entrepreneurs. She is specifically trained at coaching women leaders in top positions in their respective professions. She has been faculty for Amani Institute and is currently a design lead for the Bio-Leadership Fellowship, and one of the facilitators of the Indian chapter of the Women Lift Health program. She has lived and worked in India, the USA, and Germany, and speaks English, German, Hindi, and Bengali fluently.

Professional Development

- 2025: Accredited in Benchmarks 360 Leadership Assessment Tool by Center for Creative Leadership
- 2023: International Permaculture Design Certification, HASERA, Nepal
- 2021: International Coaching Federation PCC certification
- 2018: ACE Coaching's Mastering Leadership Excellence and Empowering Leadership Excellence training, Stockholm, Sweden
- 2017: Social Permaculture Design Certification, Hyderabad, India
- 2015 – 2016: Facilitator training for women leaders, Playing Big (https://playingbig.taramohr.com/)
- 2013 – 2014: Boas Professional Coach Certification, Brussels, Belgium
- March 2013: Facilitator training, Immunity to Change coaching, Boston, USA
- 2008 – 2014: Junior (Assistant) Professor for Geobiology, University of Göttingen, Germany
- 2006 – 2008: Postdoctoral researcher, Geosciences, Pennsylvania State University, USA
- 2001 – 2006: PhD in Biology, Pennsylvania State University, USA

Examples of work

- Nov 2023 - present: Facilitator for Women Lift Health Leadership Journey
- Apr, 2021 – present: Faculty and one of the design leads for Bio-Leadership Fellowship
- Jan 2021: Bounce Back- Webinar to build resilience of body and mind for times of uncertainty
- Sep 2019: Coach for online Women in Leadership program, Booking.com
- Aug 2019: Bioempathy – Nature retreat for Changemakers, Amani Institute, Sao Paulo, Brazil
- Apr 2019: Enhancing Self-Confidence – Workshop for female acadaemics, University of Göttingen, Germany
- Feb 2017: Work-Life Balance: A Holistic Approach – Workshop, University of Göttingen, Germany
- Oct 2017: "Journey to your authentic life" – Five-day Himalayan retreat with IDFC Mumbai clients
- Apr 2016: Coaching Skills for Leadership – Workshop, University of Göttingen, Germany

Testimonials

Sharmishtha is a core faculty member of the Bio-Leadership Fellowship - a global community of fantastic people and projects transforming leadership by working with nature. She is such a wonderful essence to how we work, bringing in knowledge and stories related to deep transformation and working with fear, as well as skillfully guiding home circle groups and offering genuinely profound coaching support to fellows. I'm so delighted to work with her!

– Andres Roberts, Founder, Bio-Leadership Fellowship

"Sharmishtha has led several workshops for female academics at the University of Göttingen. The feedback for her workshops is consistently positive: the highest evaluation grades among all our facilitators. I deeply appreciate her professionalism, method of communication, versatility, and intercultural competence.

– Dr. Melanie Grosse, human resources coordinator, University of Göttingen, Germany

"Sharmishtha is a perfect mix of the analytical and the personal; she deeply understands how the interplay of inner strength and outer action are critical to make change happen. She leads an exceptional 4-day course for us called Bio-Empathy: Learning from Nature, which brings together changemakers from around the world to understand how nature innovates and how humans can learn from nature as we design new solutions for the problems we face. Our clients love working with her and we hope to do so as well for a long time to come."

– Roshan Paul, Co-Founder, Amani Institute, Kenya, Brazil, India

"Sharmishtha delivered a 5-day coaching program called “Journey to Your Authentic Self”, held in pristine Himalayan nature for my clients, who are leaders from some of the largest finance corporations in India. Sharmishtha eased the participants to embrace their authentic selves through tremendous empathy & kindness. She dispelled any doubts I had about whether such a daring and unusual program would be suitable for top finance professionals. I’m keen to do more work with her."

– Vandana Trivedi, Director of Institutional Sales, IDFC Asset Management Company